

What you'll need:

Leaves and flowers (dried or fresh)

Paper

Air drying clay

Vaseline or Petroleum Jelly

Water



Steps:

Go on a walk to collect leaves, flowers, sticks and anything else that could be used to paint with *It is important NOT to collect anything from national parks*

Gently paint the leaves / flowers with Vaseline

Work a small amount of air drying clay into a coaster shape on a piece of paper

Gently press each object into the top of the plaster and then gently peal it off

Leave them to dry for at least 12 hours

You can then choose to leave them as they are or paint them once dry