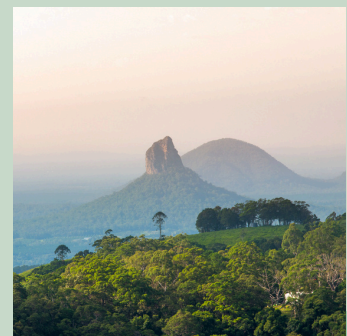


CONNECTING PEOPLE & PARKS

PARK OF THE MONTH

MEDIA KIT - JULY 2025

*Glass House Mountains
National Park*



PARKS CONNECT

Parks Connect is proudly supported through funding from the Queensland Department of the Environment, Tourism, Science and Innovation.





About This Month's Park



For tens of thousands of years, the Gubbi Gubbi (Kabi Kabi) and Jinibara people have revered the peaks within **Glass House Mountains National Park** and thrived on their surrounding rich volcanic soils.

Overview

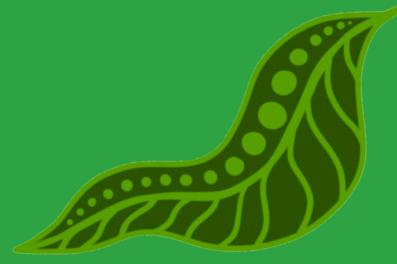
These majestic peaks that puncture the skyline of the Sunshine Coast hinterland all have Indigenous names, such as Mounts Tibrogargan, Ngungun, Beerburrum and Coonowrin. Their formation also led Lt. James Cook to name them the Glass House Mountains—after the shape of lime-burning kilns in his native Yorkshire—when he sailed down the coast in 1770.

"These hills lay but a little way inland and not far from each other, they are very remarkable on account of their singular form of elevation, which very much resemble glass houses which occasioned my giving them that name..." —James Cook, 1770.

Fringing their bulk or blanketing their steep sides are montane heath, shrubland, eucalypt woodlands and patches of wet sclerophyll forest and wallum heathland that support koalas, monitor lizards, dragons, rainbow bee-eaters, vulnerable black-tailed cockatoos and peregrine falcons—the world's fastest birds. [Learn more about Glass House Mountains National Park.](#)

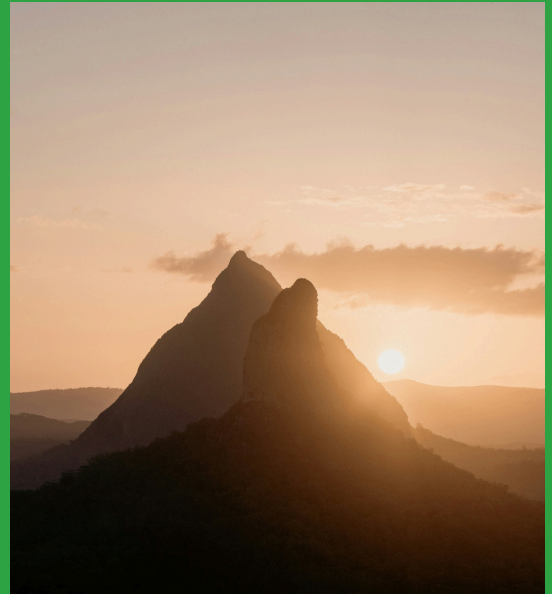


General Information



Year-round Park Attractions

- Rich Indigenous cultural significance
- Iconic volcanic peaks with national heritage status
- Summit walk: Mt Ngungun
- Base circuit: Mt Tibrogargan—see the mountain from all angles.
- Yul-yan-man Track, a Grade 5 hike for skilled scramblers.
- Rock climbing for experienced climbers only.



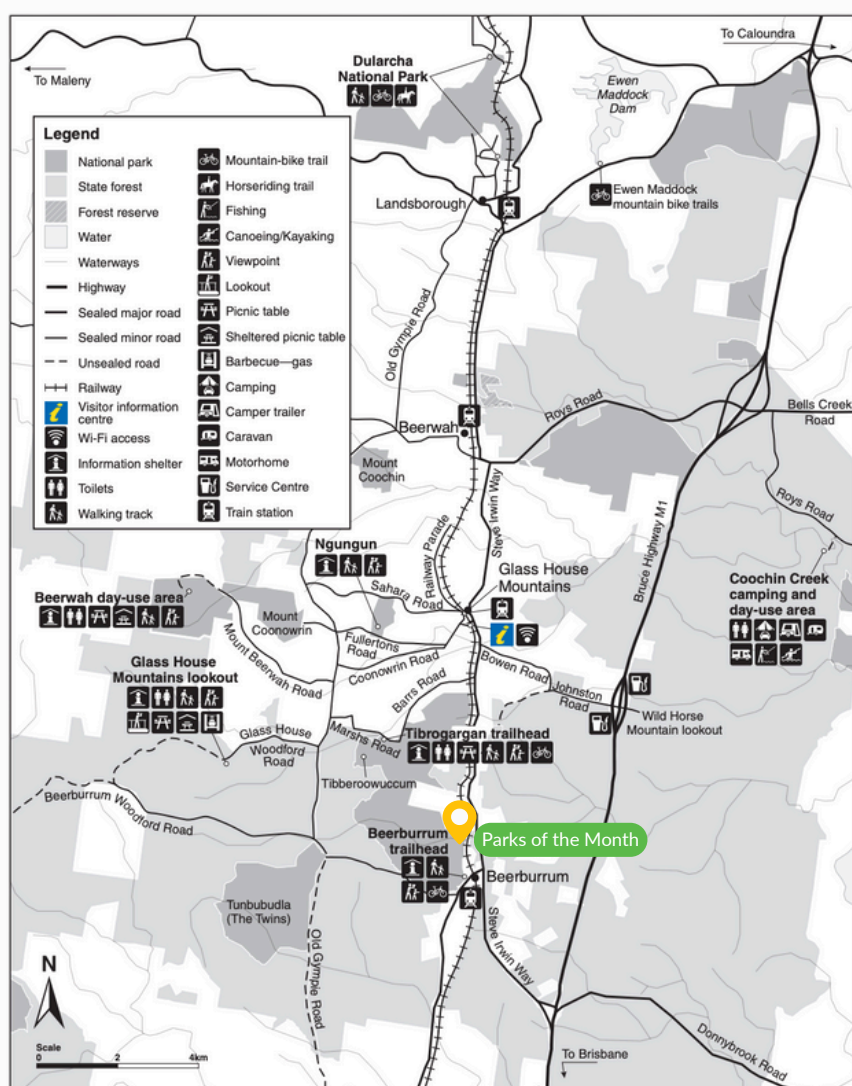
Facilities

- Toilets at main trailheads of Tibrogargan, Ngungun & Beerburrum.
- Picnic areas with tables, some under shelter.
- Lookouts accessible via walking tracks with panoramic views.
- No vehicle access inside the park—walk-in only.
- Campfires are prohibited due to fire risk.
- Cycling permitted on shared-use trails, but trail bikes are not allowed.



Location and Access

- Glass House Mountains National Park, on the Sunshine Coast, is ~70 km north of Brisbane (around 1-hour drive via the Bruce Hwy).
- Main access points include:
Beerburrum trailhead (where PoTM is to be held), via Beerburrum Rd, Beerburrum
Mount Tibrogargan trailhead off Barrs Rd, Glass House Mountains
Mount Ngungun trailhead off Fullertons Rd, Glass House Mountains
- Free parking (limited) is available at each trailhead!



Queensland
Government

Find more maps and resources here:
<https://parks.desi.qld.gov.au/parks/glass-house-mountains/maps-resources>

Conservation



The Glass House Mountains are listed on both the Queensland and National Heritage Registers for their immense geological, cultural and scenic value.

“These mountains are ancient volcanic plugs formed approximately 26–27 million years ago!”



Fast Facts

01.

The area supports diverse ecosystems, including open eucalypt forests, montane heath, and rainforest pockets which provide habitat for numerous species.

02.

Home to 26 rare or threatened plant species, such as the endemic Glasshouse Mountains tea tree (*Leptospermum leuhmannii*) and Mount Beerwah mallee (*Eucalyptus kabiana*).

03.

The mountains hold deep spiritual importance for the Gubbi Gubbi and Jinibara peoples and are featured prominently in Aboriginal Dreamtime stories and cultural practices.

Conservation



Spanning about 3246 ha, the park was initially gazetted in 1954 as four separate National Parks surrounding the major peaks.

“These formations are primarily composed of trachyte and rhyolite, with notable vertical columns visible at Mount Beerwah and Mount Ngungun .



Fast Facts

04.

Birdwatchers may spot kookaburras, cockatoos, lorikeets, rosellas, and peregrine falcons. The glossy black-cockatoo, considered vulnerable to extinction, is also found in the area.

05.

In 2024, the Queensland Government announced the addition of approximately 1119 ha from Beerburum West State Forest to Glass House Mountains National Park.

06.

Over millions of years, erosion removed the surrounding softer material, leaving behind the distinctive steep-sided peaks we see today.

Images

(free for commercial use)



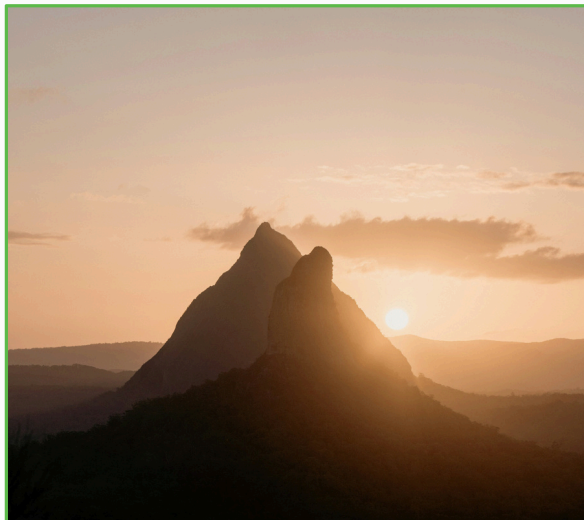
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Social Stories

Glass House Mountains National Park

PARK OF THE MONTH

- Health, wellbeing, access, and inclusion, natural history and learning outdoors
- Appreciating cultural heritage and First Nations knowledge
- Outdoors fitness and recreational activities
- Vital conservation and stewardship events.
- Beerburrum trailhead, from 9 am on 12 July

Learn more here:

bit.ly/QldPOTM



PARKS CONNECT



Glass House Mountains National Park

12 JULY 2025

9 am – 1 pm

Beerburum trailhead

Bring the family

DISCOVER. CONNECT. PROTECT. ENJOY.

PARK OF THE MONTH



MOUNTAIN SAFETY SESSION & WALK

Take a guided walk with a Volunteer Ranger and learn how to pack a kit and stay safe hiking in the mountains.

WILDFLOWER WANDER

Familiarise yourself with the botanic wonders of the park on a guided botany tour with naturalist Paul Donatui from Queensland Threatened Plant Network.



SOAK IN THE SERENITY OF THE FOREST

Use all of your senses as you explore the meditative, grounding calm of Japanese *Shinrin-yoku*, or “forest bathing” in this experience with Jay Ridgewell from Held Outside Nature Connections.

ROAM & LEARN

“Roaming” CADET RANGERS will explore the park and take a guided walk to learn how to record important data to aid conservation.



Bring a picnic lunch

CULTURAL WELCOME

GUIDED BUSHWALKS

CREATIVE ARTS & CRAFT

JUNIOR RANGER STATION

CADET RANGER WALK

Book online below

**SCAN TO
BOOK
ONLINE**



PARKS CONNECT

npa.org.au/parks-connect

Parks Connect is proudly supported through funding from the Queensland Department of the Environment, Tourism, Science and Innovation.



NPAQ Contacts



Chris Thomas | CEO

Chris is an experienced program manager with a demonstrated history of working in the conservation, environment, and tourism industries. He brings a wealth of experience in government liaisons and protected area management especially in northern Queensland around the coastal region and for the Great Barrier Reef. In South Australia, Chris's work focused on tourism management where he led numerous effective programs (including on Kangaroo Island) that delivered joint conservation and tourism benefits.

Contact: ceo@npaq.org.au

Alina Crosbie | Parks Connect Manager

Alina brings a strong passion for the environment to the role, along with a host of skills in volunteer management, event coordination and program planning from her time with Friends of Parks Queensland.

She works closely with our Queensland Parks and Wildlife Service (QPWS) program partners at David Fleay Wildlife Park and Walkabout Creek Discovery Centre to connect Queenslanders of all ages to our protected areas and to the natural world around them.

Contact: parksconnectmanager@npaq.org.au



Amelia Nikles-Ralph | Social Media & Engagement Officer

With a background in social media management, a passion for outdoors adventure and photography, and an immediate focus on expanding our reach and optimising our content, Amelia adds real shine to the promotion of our new [Parks Connect](#) Junior Ranger, Cadet Ranger, Volunteer Ranger, Campground Host and Park of the Month programs as the Social Media and Engagement Officer.

Contact: parksconnectmedia@npaq.org.au

Presenters

Jay Ridgewell

Jay Ridgewell has a love for and fascination with the Earth. She is a nature connection guide and science communicator with an interest in forest and human health through regeneration. Through Held Outside Nature Connection Experiences she offers public and private programs that support us to cultivate our relationship with the Earth, for the wellbeing of all.



GROUNDING IN NATURE WALK

On this forest-immersion walk with Jay Ridgewell from Held Outside, you'll spend time engaging your senses in evidence-based nature connection practices like forest bathing (or *Shinrin Yoku*) that boost wellbeing and develop your relationship with nature.

PARK OF THE MONTH

- ✓ Beerburrum trailhead
- ✓ All welcome, group max 12
- ✓ 12 July 2025

Held Outside
NATURE CONNECTION EXPERIENCES

BOOK NOW

bit.ly/QldPOTM

PARKS CONNECT



Jay Ridgewell



Event

Beerburrum Forest Immersion

Spend time with the forest, engaging your senses in evidence-based nature connection practices that boost your wellbeing and develop your relationship with nature.

Presenters

Dan Watts

This workshop covers essential skills for remote area day hiking. Dan will demonstrate his pack based on the Bushwalking Good Practice Guide, followed by a session on route planning using maps, apps like AllTrails and Terra Maps, and guidance on leaving trip intentions. Participants will learn what to do if lost, including using PLBs and emergency devices like Garmin InReach. The session ends with a short bushwalk where roles such as Navigator, First Aider, and Tail Ender are assigned, allowing attendees to apply navigation and safety skills in a practical setting.



A poster for 'Park of the Month' featuring a red backpack and hiking boots on a forest trail. The text reads: 'Park of the Month', 'MOUNTAIN SAFETY', 'Sign up now for 12 July at Beerburum trailhead, starting 11 am Glass House Mtns NP: bit.ly/QldPOTM'. It also includes the text: 'How to plan and prepare for your next bushwalking adventure, including route planning, navigation, what to pack, and what to do if things don't go to plan, followed by a short hike.' Logos for 'PARKS CONNECT' and 'Queensland Government' are at the bottom.



Paul Donatiu

Paul is the Project Manager at Queensland Threatened Plant Network (QTPN). QTPN provides support to stakeholders contributing to threatened plant recovery across the State and facilitates the formation of partnerships among groups conserving native flora. QTPN develops recovery plans, hosts training workshops and conduct threatened plant surveys.

A poster for 'Park of the Month' featuring a close-up of yellow wildflowers. The text reads: 'Free Entry!', 'Wildflower Wander', 'Join naturalist Paul Donatiu on this botanic walk to explore Queensland's wildflowers and learn more about threatened flora recovery.', 'PARK OF THE MONTH', 'Beerburum trailhead', '12 July 2025', 'Visit us for more bit.ly/QldPOTM'. Logos for 'PARKS CONNECT' and 'Queensland Government' are at the bottom.

A poster for 'Cadet Ranger Wildflower Wander' featuring a group of people walking on a trail. The text reads: 'CADET RANGER...', 'WILDFLOWER WANDER', 'AGES 13-18 YRS', 'PARKS CONNECT', 'BEERBURRUM TRAILHEAD', 'SAT 12 JULY 10:30 AM-12:30 PM'.

Learn more

Find more info here:



Or book online at: JulyPoTM.eventbrite.com.au

Media Contacts: Amelia Nikles-Ralph (parksconnectmedia@npaq.org.au)
Karin Cox (marketing@npaq.org.au) 0417604174

PARKS CONNECT

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